



# ICE CANDLE

Celebrate the Christmas spirit by crafting magical ice candles that "freeze" little objects in time. Explore how different materials behave in icy temperatures and make a beautiful centerpiece that captures the holiday glow!

## STORE CUPBOARD

Large and small plastic cups/baking bowls Water

Festive items (e.g. small pinecones, red berries, orange slices, mini ornaments, colorful beads)

Pebbles (to weigh down the small cup)

Food colouring (optional)





Place the small plastic cup inside the larger one.

2 Add a few pebbles to the small cup to keep it from floating.

3 Arrange the festive items in the gap between the cups.

4 Fill the gap with water.

5 Add food colouring if desired (optional).

6 Freeze until solid.

7 Place a tea light in the center to enjoy the frozen glow.

8 Optionally, release the ice candle from the molds and transfer it to a shallow bowl to catch melting water, allowing children to observe the light as the ice melts.

9 Use your child's creation to decorate your festive dining table!

Tea Lights Glow Brighter in Ice Ice acts as a diffuser, softening and spreading the light for a cozy glow.

Ice Can Act Like a Lens Ice bends light, creating interesting patterns and sparkles.

## **Melting Patterns**

As the tea light warms the ice, beautiful channels and puddles form, creating an ever-changing effect.

## Frozen Candles Without Heat

Battery-operated lights keep the ice intact, creating a safe, flickering glow.

## Ice Magnifies Light Colours

Adding food colouring to the ice creates colourful glows when the tea light shines through!

# IN YOUR HANDS

Celebrate the festive season by creating a "glacier in a jar" with mini rosemary "trees" frozen in icy layers. Watch them rise in cold water, bringing a touch of winter magic to your home!

# STORE CUPBOARD

Small container or glass

Water

Rosemary twigs

Food colouring or edible decorations (optional)

Freezer

Kitchen scissors

Water dropper or spoon



- Trim a few rosemary twigs to look like mini Christmas trees.
- 2 Arrange them in a container or glass and add a small amount of water (about 20% of the height of the twigs).
- 3 Freeze the container.



- 4 Take it out, fill halfway with ice-cold water or clear lemonade, and watch the "glacier" rise with the mini trees.
- 5 Add food colouring or edible sprinkles for a festive touch.
- 6 Enjoy this fun, frosty drink with family and friends!



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## HINTS & TIPS

White edible snowflakes or colourful rainbow sprinkles can make the glacier in the glass jar look very magical.

Once the initial water is set. you can add another layer or more water to keep the glacier in the water for longer.

When using rosemary for a drink or activity, make sure it is fresh and well-washed.

## Glacier Water Helps Christmas Trees

Grow! In summer, melting glaciers water Christmas trees like firs and spruces, helping them grow strong and healthy.

**Christmas Trees Love Cold Places!** 

Some Christmas trees grow best near glaciers, where the cold air and moisture help them thrive.

## Glaciers are Nature's Fridge!

Glaciers keep the air cool, just like a giant fridge, helping evergreen trees stay green all year long.

Glaciers and Trees are Home to Wildlife!

Glaciers provide water, and Christmas tree forests offer cosy homes to animals like birds, squirrels, and mountain goats.